

**FREE**

# SCHOOL-BASED COUNSELING SERVICES

Family Stress - Relationships - Self-Image - Academic Adjustment - Communication  
Conflict Resolution - Isolation and Low Mood - Anxiety and Stress Management



**If you have a student who you feel could benefit from counseling services, please contact or visit your child's school office to begin the referral process.**

**If you have any questions regarding these services, please contact Ana Lizzeth Ordonez at:**

**909.334.3259**

**AORDONEZ@CITYOFCHINO.ORG**